

Havering and East London Ramblers

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Programme and Newsletter April - July 2018



Chair's Report

We are steaming ahead with our preparations for our 30th anniversary and I can now confirm we have booked **Saturday 16 June** at The Old Chapel, Upminster for our celebration. The event will run from 1pm - 4pm and will include a buffet and teas/coffee and wine and beer. As part of the celebration we will be having a presentation at 2pm which will look back over the 30 years, using pictures and stories contributed by past and present ramblers.

If you have any pictures or stories which you would like to contribute please let me or Peter Owen know well in advance so that the pictures can be copied and the stories captured. We will also need to know in advance as to whether you will be attending. If you know of any people who used to walk with us and no longer walk for any reason do let them know of the event and tell them to contact us or advise us that they are coming.

The 30th Anniversary Walk will take place on Saturday 02 June. Spring is on the way as the snow has disappeared so happy walking and do send in some pictures which can be current ones of your walks and any interesting stories.

Ellen

For more on The Old Chapel, St Mary's Lane, Upminster RM14 2QR please visit www.theoldchapelupminster.co.uk

Secretary's Report

Essex Area Festival of Walks

Saturday 26 May 10:30 Shoeburyness to Benfleet. 12 miles

Sunday 27 May 10:15 Circular walk from Kelvedon. 10 miles

Tuesday 29 May 10:15 Figure of eight walk from Kelvedon Hatch.

Wednesday 30 May 10:00 Circular walk from Layer-de-la-Haye.
10 miles

Thursday 31 May Circular walks from Chingford station. One at 10:30
11miles One at 13:30 5miles.

One short walk round Gilwell Park. Time to be arranged.

Further details from the Essex Area website or from me.

Ken

Havering Footpath & Walking Environment Officer

Vacant post.

Walks Secretary

Despite the weather making pre-walks difficult, walk leaders have added great rambles to the programme, thank you! Remember to keep checking our website and reading your emails for any updates, plus to see if gaps have been filled. If you're able to fill a gap, please email the details so that they can be circulated

haveringeastlondonramblers@gmail.com

New walk leaders are always needed, so please give it a try if you've not led a walk before.

Marion

marionf1949@gmail.com

Summer Evening Walks

I am hoping to lead some evening walks during the Summer period May – August as per previous years. This is a chance to enjoy the long balmy evenings and catch the sunset. If you have never walked on an evening before I would recommend coming along. It is a really lovely thing to do especially if you have been working all day and want to unwind. It is a very calming and special time with honeysuckle scents wafting through the forests and the odd bat flitting by. And, if that is not enough to encourage you, we quite often finish at a pub!

Please check the website for details of upcoming walks nearer the time as they do not appear on this programme.

Sandra Dalton



London Loop

At long last it looks like we are going to complete the final section of the LOOP. It has been a long and enjoyable journey as anyone who has taken part will know. We have seen lots of ancient and interesting buildings, including a shot tower that now has a new use as an information centre. We have walked along countless waterways, through nature reserves both old and newly created. Seen where Millais painted Ophelia and had some fantastic views including a lavender field in bloom. And not forgetting all the lovely places we have stopped for lunch or afternoon tea. One of the oddest was a Turkish café that had a line of hooka pipes for its patrons to enjoy!

Thank you to everyone who has come along and made it such great fun to do. Where to next?

Sandra Dalton

Information and Web Master

New Web Master

This is the last Programme but one before the AGM. At the last AGM I announced my stepping down as Webmaster and Information Officer after about 7 years in the role.

If you are worried that it is technically difficult, don't worry. The web site we use the editor is similar to a word document. If you use a word processor like MS Office - Word it will be a piece of cake.

If you want to know what Ramblers HO think we should be doing see first item **www.ramblers.org.uk/volunteer-zone/support-and-development/volunteer-toolkits-alphabetically-sorted/group-role-descriptions**

So if you would like to take on this role let me know so that we can go through a programme cycle together. But before that, have a coffee and a chat about what is involved.

New Data Protection Rules

I had hoped to have more information on this topic. It is ongoing and I will update by e-mail.

New rules about data protection are coming into force on the 25th May. This is because of a change in the law from the Data Protection Act to the General Data Protection Regulations (GDPR) If you want the full details pop GDPR into your search engine and all will be revealed.

At the moment I run an email distribution list. If you currently receive emails from Havering East London Ramblers at some point in the past you have asked me to send you e-mails, and provided an email address. If you don't receive our emails, send me an email saying you want to receive them.

These are sent 'BCC' This stands for 'Blind Carbon Copy'. (Isn't it nice in the age Mega Bytes, we call things 'carbon copy') A BCC message means that more than one recipient gets the message, but the names, and more importantly email address, are not revealed.

These can be recognised as they start 'Dear Rambler'.

At the moment it is unclear whether we can continue to use email in its current form. This is because using 'BCC' relies on me clicking the correct button, and is therefore 'procedural' rather than automatic, and can go wrong. At the time of writing I am seeking clarification on this.
Peter Owen

Dogs on walks



To comply with the Disability Equality Act (2010), we must allow registered assistance dogs to participate with their owners e.g. guide, hearing, service, therapy and seizure alert dogs.

We will continue to let Walks Leaders decide whether to allow non-assistance dogs to participate in their walks.

All walks

If the weather is inclement, please check our web site (see page 1), or contact the leader, to see if the walk will take place.

For specific walk-related enquiries, please contact the walk leader direct before phoning the group mobile phone number.

London walks can attract a large number of ramblers, many from other groups. This is due to people finding these walks in the Walk Finder section of the Ramblers website (ramblers.org.uk). Therefore if you would prefer not to have your walk included in Walk Finder please let the Walks Secretary know when you supply your walk details.

Visit the TFL web site (tfl.gov.uk) to check your route and the availability of public transport before travelling, especially at weekends, to allow for the planning of alternative routes.

Car share

Please car share where possible, as parking is often quite limited.

Walking with the Ramblers

All sporting activities have inherent hazards associated with them, and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is therefore important that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity, and take all reasonable steps to eliminate or minimize the potential for an accident to occur.

The Ramblers Association is a company limited by guarantee, registered in England and Wales. Company registration number 445892. Registered charity in England and Wales Number 1093577. Registered office, 2 Floor, Camelford House, 87-90 Albert Embankment London SE1 7TW.

Havering and East London Ramblers Committee Members

Chair:

Ellen Owen

Secretary:

Ken Richards, 26 Arundel Road,
Harold Wood, Romford.

RM3 0RT

01708 375559

Treasurer:

John Smith

Membership Secretary:

Diane Biggadike.

Minutes Secretary:

Diane Biggadike.

Walks Secretary:

Marion Franklin

Havering Footpath & Walking Environment Officer:

Vacant

Newham Footpath & Walking Environment Officer:

John Buckle*

Webmaster:

Peter Owen

Ordinary Committee Member:

Ian Rusha

*For information only

As you read through this programme please start thinking about any walks that you could put on the next programme.

To help you to get dates that suit you we are happy to accept walks from the beginning of April. Thank you.



APRIL

Sunday 01 April (Easter Sunday)

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Tuesday 03 April

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Saturday 07 April 10:25

Rose & Chris West

Meet at Upper Holloway Station for a linear walk to Hampstead Underground Station, via Highgate, Kenwood and Hampstead Heath. Registered assistance dogs only.

5.5 miles

Sunday 08 April

Sandra Dalton

Meeting time & place to be confirmed.

Closing the LOOP, Rainham Village to Purfleet.

Walking through Rainham Village we pass Rainham Hall built by a wealthy sea captain in 1729 before reaching the Thames via the new RSPB site at Rainham Marshes. Time to take in the various birds which use the riverside and marshes as feeding and nesting grounds, before finally reaching our destination at Purfleet. Still quite a few things to see along the way.

Registered assistance dogs only.

5 miles

Tuesday 10 April 10:15

Carol Thomas

Meet at Tylers Common Car Park, Nags Head Lane for a circular walk to include Tylers, Folkes, and Pages woodlands. Bring own refreshments.

Grid Ref: 177 562/905. Click for [Map](#)

Registered assistance dogs only.

5 miles

Saturday 14 April

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Sunday 15 April 09:00 Kathleen and Norman Valentine

Meet at Harold Wood Station car park for a car share to Abridge for a circular walk to Hainault Forest Country Park. Packed lunch advisable. Registered assistance dogs only. **9 miles**

Tuesday 17 April 10:00 Peter Rees

Meet at the Visitor Centre in Belhus Woods Country Park, Romford Road, for a figure of eight walk. Post Code: RM15 4XJ. Click for [map](#) Registered assistance dogs only. **5 miles**

Saturday 21 April

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Sunday 22 April

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Tuesday 24 April 10:15

Anne Baker & Chris O'Connell

Meet at Waterloo Station under the clock to catch the 10:27 train to Norbiton. A linear walk through Richmond Park (hopefully timed right for azaleas and rhododendrons in Isabella Gardens) finishing at Richmond Station.

Registered assistance dogs only. **5 miles**



Saturday 28 April 10:30 Peter Owen

Meet at Jacks Hill car park, Coppice Row (B172). Forest and country walk to the Copped Hall Estate.

Grid Ref: TQ435996 Lat/Long: 51.676954,0.074353

Click for [map](#)

Registered assistance dogs only. **5 miles**

Sunday 29 April 09:00

Sandra Dalton

Kent Walk will need to pay for Bridge online/phone. Contact leader beforehand.

Meet at Harold Wood Station car park for car share to High Elms Country Park in Kent. Walk to Downe (Charles Darwin's home) for lunch via Cudham and bluebell woods. Pubs and café in Downe. Possibility of afternoon tea in High Elms visitor centre at end. Hilly but no rush as the bluebells are on a hillside so we will be stopping en route to admire them all being well.

Registered assistance dogs only.

8 miles

MAY

Tuesday 01 May 10:30

Gordon Warren

Meet at Brixton Underground station for a linear walk to Forest Hill Station. Toilet stop near start.

Registered assistance dogs only.

5.5 miles

Saturday 05 May 10:30

Carol Thomas

Meet at Hanningfield Reservoir Visitor Centre, Hawkswood Road, Downham, Billericay for a circular walk.

Refreshments and toilets available.

Postcode: CM11 1WT

Grid Ref: TQ 725971

Click for [Map](#)

Registered assistance dogs only.

5 miles

Sunday 06 May 09:00

Ron Lockhart

Meet at the Harold Wood Neighbourhood Centre, Gubbins Lane, Harold Wood for onward to start the walk in Blackmore.

Postcode: RM3 OQA

Registered assistance dogs only.

Approx 7 miles

Tuesday 08 May 10:45

Roy Clemance & Maureen Collins

Meet at Oakwood Station (Piccadilly Line) for a circular walk around Trent Park.

Registered assistance dogs only.

5 miles

Saturday 12 May 10:30 Ros Kendrick & Shirley Andrews

Meet at Warwick Avenue Station for a linear walk along Regents Canal, Primrose Hill and Regents Park, finishing at Regents Park Station.

Registered assistance dogs only.

5 miles

Sunday 13 May 09:00 Kathleen and Norman Valentine

Meet at Harold Wood Station car park for a car share to Hadleigh Castle Country Park for a circular walk to Leigh. Packed lunch advisable

Registered assistance dogs only.

9/10 miles

Tuesday 15 May 10:15

Marion Franklin

Meet at Becontree Station for a 4-park walk finishing at Upney Station.

Registered assistance dogs only.

5.5 miles

Saturday 19 May 09:50

Rose & Chris West

Meet at Stratford Station on platform 12 for the 10:00 train to Enfield Lock (due 10:21) for a circular walk along the River Lee Navigation and Waltham Abbey, and back to Enfield Lock Station.

Registered assistance dogs only.

Approx. 5 miles

Sunday 20 May 09:00

Sandra Dalton

Kent Walk will need to pay for Bridge online/phone. Contact leader beforehand.

Meet at Harold Wood Station car park for car share to One Tree Hill in Kent. Walk via Igtham Mote and Knole Park. Pretty walk with fine views, ancient buildings and deer to see along the way. Lunch at Sevenoaks. Plenty of places to eat. Hilly but no rush.

Registered assistance dogs only.

8-10 miles

Tuesday 22 May Start time to be advised

Peter Owen

Meet at Stratford station (Jubilee Line concourse) for train to Hertford East (Change as necessary). Timings will be advised on publication of new timetable.

This is part 1 of a walk following course of the New River. Follow the New River path to Rye House

Registered assistance dogs only.

Approx. 6 miles

Saturday 26 May 10:30
Rainham Heritage Walk

Peter Owen

Peter Owen Lead with Brian Evans Advisor.

Meet outside the front of Rainham Hall. This is a heritage walk of the heart of the Thameside Village with its cast of remarkable characters (not forgetting 'Bouncing Bess') and its' once significant Port status. Includes memories of its' past events and some of its buildings / and history back to earliest times.

Coffee stop will be at the end of the walk.

Registered assistance dogs only.

Less than 3.0 miles

Sunday 27 May

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Tuesday 29 May 09:45

Peter O'Neill

Meet at Upminster Station main entrance. Annual Shoeburyness to Chalkwell walk. Lunch break at Southend.

Registered assistance dogs only.

Approx. 6 miles

JUNE

Saturday 02 June 10:15

30th Anniversary Walk

To celebrate the formation of the Havering & East London Ramblers group in 1988 we are having a special walk. It will be led by Micky Doyle who was one of the first members of the group, leading many walks. Meet at the car park opposite the Chef & Brewer, Chipping Ongar pub for 5 mile walk through the local area revisiting some of the area frequently used in the early days of the group. Afterwards adjourn to the Chef & Brewer.

Post code: CM5 9QU Grid: TL550025 Lat / Long 51.700621, 0.242270

Click for [Map](#)

Registered assistance dogs only.

5 miles

Sunday 03 June 09:00

Ron Lockhart

Meet at the Harold Wood Neighbourhood Centre, Gubbins Lane, Harold Wood for a car share to Danbury.

Postcode: RM3 OQA

Registered assistance dogs only.

7 miles (or more if wanted)

Tuesday 05 June 10:15

Gordon Warren

Meet at Thames Chase Forest Centre, Pike Lane, Upminster, RM14 3NS for a circular walk. Toilets at Visitor Centre.

Click for [Map](#)

Registered assistance dogs only.

6 miles

Saturday 09 June 10:15

Alan Kendrick

Meet at Navestock Side (Green Lane at the side of cricket pitch).

Most of this walk is in Weald Country Park with good footpaths through fields and woodland. Coffee break at Visitors' Centre.

Postcode: CM14 5SD

Grid Ref: TQ564974 Click for [Map](#)

Registered assistance dogs only.

5-6 miles

Sunday 10 June 09:00

Kathleen and Norman Valentine

Meet at Harold Wood Station car park for a car share to Much Hadham for a circular walk. Packed lunch advisable.

Registered assistance dogs only.

10 miles

Tuesday 12 June 10:30

Coral O'Neill

Meet at Westminster Station exit 6. This is a linear walk through London parks.

Registered assistance dogs only.

Approx. 5 miles

Saturday 16 June 30th Anniversary Celebrations

See Editorial for details

Sunday 17 June 09:00

Sandra Dalton

Kent Walk will need to pay for Bridge online/phone. Contact leader beforehand.

Meet Harold Wood Station car park for car share to French Street, Kent for walk via Chartwell (Churchills house). Lunch at Westerham. Plenty of pubs and cafes.

Hilly but no rush.

Registered assistance dogs only.

8-10 mile

Tuesday 19 June Start time to be advised **Peter Owen**
Meet Stratford station (Jubilee Line concourse) for train to Rye House (Change as necessary). Timings will be advised on publication of new timetable.

Follow New River from Rye House continue towards Cheshunt
Registered assistance dogs only. **Approx. 6 miles**

Saturday 23 June 10:15 **Alan Kendrick**
Meet at Ingrebourne Hill Car Park (Rainham Road opposite Travis Perkins). The walk is circular around the country park / Berwick Pond area with a coffee stop at the Visitors Centre.
Postcode: RM13 8ST Grid Ref: TQ522 829 Click for [Map](#)
Registered assistance dogs only. **5-6 miles**

Sunday 24 June
No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Tuesday 26 June 10:30 **Ian Rusha**
Meet at West Brompton Tube Station for a linear walk. Advisable to bring refreshments and drink. (No toilet facilities at the start.)
Registered assistance dogs only. **Approx. 6 miles**

Saturday 30 June 10:15 **Peter Rees**
Meet at Benfleet Station for a circular walk via Canvey Marshes RSPB.
Registered assistance dogs only. **6 miles**

JULY

Sunday 01 July 09:00 **Kathleen and Norman Valentine**
Meet at Harold Wood Station car park for a car share to Hacton Lane car park (OS Explorer 175 549858) for the Upminster Circular Walk. Packed lunch advisable.
Registered assistance dogs only. **10 miles**

Tuesday 03 July 10:15

Anne Baker & Chris O'Connell

Catch the 09:42 train from Upminster Station to Benfleet Station, or alternatively meet at Benfleet Station for the 10:15 start. This is a linear walk from Benfleet to Westcliff via Hadleigh Castle. Short climb up to Hadleigh Castle but café stop at the top!

Registered assistance dogs only.

6 miles

Saturday 07 July 10:30

Peter Owen

Meet Danbury Country Park car park. From Well Lane turn right into Woodhill Road, first Car Park on Right.

Grid: TL772047 Lat /Long 51.713771 0.563901,

Click for [Map](#)

Registered assistance dogs only.

5 miles

Sunday 08 July 09:00

Ron Lockhart

Meet at the Harold Wood Neighbourhood Centre, Gubbins Lane, Harold Wood for onwards to Chelmsford to walk the Admiral McCardy Way, the first chief constable of Essex where I will tell you of story of Admiral McCardy.

Postcode: RM3 OQA

Registered assistance dogs only.

10 miles

Tuesday 10 July 10:45

Ian Rusha

Meet at Oakleigh Park Station (Alverstone Road Exit) for a linear walk to Winchmore Hill. Advisable to bring refreshments and drink.

(No toilet facilities at the start.)

Registered assistance dogs only.

Approx. 6 miles

Saturday 14 July 10:30

Jan & Les Cannings

Meet at Surrey Quays Station (Overground) for a circular walk.

Registered assistance dogs only.

5.5 to 6 miles

Sunday 15 July

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Tuesday 17 July 10:30

Jan & Les Cannings

Meet at Angel Station (Northern Line) for a linear walk to Stoke Newington Station (British Rail)

Registered assistance dogs only.

5.5 miles

Saturday 21 July 10:15 Beryl Buckler & David Brooks

Meet in the concourse of Liverpool Street Station at end of platforms 4/5 to catch a train to Walthamstow Central Station for a walk round Walthamstow Old Village and the forest.

Registered assistance dogs only.

Approx. 5 miles

Sunday 22 July

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Tuesday 24 July 10:30 John Buckle

Meet under the clock at Waterloo Station to catch a train to Hampton Court. The walk will be around Hampton Court and Bushy Park.

Registered assistance dogs only.

5 miles



Saturday 28 July 10:15

Marion Franklin

Meet outside Tesco's near Bromley-By-Bow Station for a local parks walk finishing at Westfield, Stratford

Postcode: E3 3DA

Registered assistance dogs only.

5.5 miles

Sunday 29 July 10:00

Ron Lockhart

Meet opposite the Viper Pub at Mill Green for a figure of 8 walk.

Postcode: CM4 0PT Map Ref: 183 TL641/018

Click for [Map](#)

Registered assistance dogs only.

6/4 miles

Tuesday 31 July 10:30 John Buckle

Meet at the Epping Forest Visitor Centre, Paul's Nursery Road, High Beach for a walk around Epping Forest.

Postcode: IG10 4AF

Click for [Map](#)

Registered assistance dogs only.

5 miles.



Thank you to our Walk Leaders For This Programme

Alan Kendrick

Anne Baker

Beryl Buckler & David Brooks

Carol Thomas

Chris O'Connell

Coral & Peter O'Neill

Gordon Warren

Ian Rusha

Jan & Les Cannings

John Buckle

Marion Franklin

Micky Doyle

Norman & Kath Valentine

Peter Owen

Peter & Joyce Rees

Ron Lockhart

Rose & Chris West

Ros Kendrick

Roy Clemance & Maureen Collins

Sandra Dalton

Shirley Andrews

PLANNING A RAMBLE



Tools for route planning include paper maps and guide books



Some internet sites which might be useful:



www.ramblers.org.uk

www.google.co.uk/maps

www.streetmap.co.uk

www.openstreetmap.org

www.mappedometer.com

www.osmaps.ordnancesurvey.co.uk

Walk the route, a few times if necessary, to become familiar with it. Make notes and take photos if wanted.



Ramblers Holidays **Walking Partnership**

The Walking Partnership

The Havering and East London Ramblers group has joined The Walking Partnership. This partnership, supported by Ramblers Walking Holidays*, provides direct financial contributions to local walking groups to help with organising group walks, encouraging people to get out walking, helping to clear and improve footpaths, providing equipment to help walkers etc. Over the past 65 years, Ramblers Walking Holidays has given many millions of pounds to assist walking charities and conservation projects in Britain and the countries they visit on their worldwide holidays. Now our group can benefit directly.

Ramblers Walking Holidays operate group walking holidays in the UK and all around the world. Each holiday is accompanied by a qualified walks leader, so you can leave all the organising to them and just enjoy meeting like minded people and of course, some fantastic walking. Holidays are graded in terms of difficulty, and there is a full range from sightseeing right up to hut-to-hut mountain treks. Take a look at their website on www.ramblersholidays.co.uk or give them a call on 01707 331113 for more details or to order a brochure.

Remember when you book to quote the name of our group, and we will then receive a contribution of £10 per person on UK holidays, £20 per person on short haul holidays, and £30 per person on long haul holidays. This extra funding could really make a difference to us.

** Please note that Ramblers Walking Holidays was previously known as Ramblers Worldwide Holidays.*



Ramblers Charity England & Wales No. 0035377 Scotland No. 51029709

TOGETHER

A moment to pause. Breathing in clear air. Sharing interests and conversations as you ponder the hills ahead. We have your passion for exploring worldwide and in the UK.

Choose any of our holidays and we'll contribute funds through **The Walking Partnership** to your group. Just tell us their name when you book.

Book a great value holiday:
ramblersholidays.co.uk
or call **01707 386804**



Walking holiday partner



Ramblers
Walking
Holidays **R**

1988

**30th Anniversary
Havering and East
London Ramblers**

2018